

# Sun Protection Policy

## **Statement of intent**

Our company policy is to ensure that everyone is protected from skin damage caused by harmful ultra violet rays in sunlight by the following strategies:

- PROTECTION: providing an environment that enables children and staff to stay safe in the sun
- EDUCATION: learning about sun safety to increase knowledge and influence behaviour
- COLLABORATION: working with parents, the management structure and the wider community to reinforce awareness about sun safety.

We will promote the SMART code:

**S** tay in the shade 11-3

**M** ake sure you never burn

**A** lways cover up – wear a t-shirt, hat and wraparound sunglasses

**R** emember children burn more easily

**T** hen use at least factor 15+ sunscreen.

## **Aim**

As part of our sun safety policy our nursery & club will;

- Use sunscreen where appropriate, we ask parents to pay contribution each year per child for the setting to provide sun cream or for parents to provide sun cream yearly for their child.
- Parents sign a consent form to allow us to apply 'IN-HOUSE' sun cream
- Encourage all children to wear clothes that provide good sun protection e.g. sun hats, sunglasses. Shoulders should be covered, vests and strappy tops are discouraged.
- Have a sunny day bag with spare sun hats
- Ensure apply sun cream 30 minutes before going outdoors.
- Ensure sun cream is applied in the correct way all over the body and in the correct amount. Avoiding eyes.
- Hold outdoor activities in areas of shade wherever possible.
- Try to plan outdoor activities at times when sunrays are less harmful (avoiding mid-day sun). In hot weather the children will spend no longer than 30 minutes in the sun at a time.
- We encourage parents and staff to be positive role models, practising sun safety

- Work towards increasing the amount of UV protection in the garden.
- Remind children, parents and staff of sun safety through parents and staff meetings, newsletters and on a daily basis.
- Monitor our Sun Protection Policy, reviewing the sun safety practice of everyone at the setting and reviewing the availability of shade.
- Encourage all children and staff to drink water regularly.
- When on walks staff are to take sun cream and drinks with them and to ensure the children are kept in the shade as much as possible.
- Any child not wearing sun cream will be unable to go outside in the sun this is for their own protection, unless this has been discussed with their parents.
- Ensure all parents and practitioners are aware of the company's Sun Protection Policy and are adhering to it daily.

### **Review of Policy**

This policy is reviewed annually.

Review date – May 2021