# Sun Protection Policy

***Statement of intent***

Our company policy is to ensure that everyone is protected from skin damage caused by harmful ultra violet rays in sunlight by the following strategies:

- PROTECTION: providing an environment that enables children and staff to stay safe in the sun
- EDUCATION: learning about sun safety to increase knowledge and influence behaviour
- COLLABORATION: working with parents, the management structure and the wider community to reinforce awareness about sun safety.

We will promote the SMART code:

**S** tay in the shade 11-3
**M** ake sure you never burn
**A** lways cover up – wear a t-shirt, hat and wraparound sunglasses
**R** emember children burn more easily
**T** hen use at least factor 15+ sunscreen.

***Aim***

As part of our sun safety policy our nursery & club will;

- Use sunscreen where appropriate, we ask parents to pay £1 a year per child for the setting to provide sun cream or for parents to provide sun cream yearly for their child.

- Parents sign a consent form to allow us to apply 'IN-HOUSE' sun cream

- Encourage all children to wear clothes that provide good sun protection e.g. sun hats, sunglasses. Shoulders should be covered, vests and strappy tops are discouraged.

- Have a sunny day bag with spare sun hats

- Ensure apply sun cream 30 minutes before going outdoors.

- Ensure sun cream is applied in the correct way all over the body and in the correct amount. Avoiding eyes.

- Hold outdoor activities in areas of shade wherever possible.

- Try to plan outdoor activities at times when sunrays are less harmful (avoiding mid-day sun). In hot weather the children will spend no longer than 30minutes in the sun at a time.

- We encourage parents and staff to be positive role models, practising sun safety

- Work towards increasing the amount of UV protection in the garden.

- Remind children, parents and staff of sun safety through parents and staff meetings, newsletters and on a daily basis.

- Monitor our Sun Protection Policy, reviewing the sun safety practice of everyone at the setting and reviewing the availability of shade.

- Encourage all children and staff to drink water regularly.

- When on walks staff are to take sun cream and drinks with them and to ensure the children are kept in the shade as much as possible.

- Any child not wearing sun cream will be unable to go outside in the sun this is for their own protection, unless this has been discussed with their parents.

- Ensure all parents and staff are aware of the company's Sun Protection Policy and are adhering to it daily.